



Le PARC MENU

191 Stoke Newington Church Street, London N16 0UL - Tel: 02079 230200

Web: www.leparcdeli.co.uk - Contact: info@leparcdeli.co.uk

Our Selection Of Bagels, Pasties, Cakes & Desserts Are Served At The Counter

Le Parc Breakfast - Served Till 3pm

All Breakfasts Are Served With French Bread

Choice Of Egg: Free Range Egg Boiled Or Poached

Simply French £4.75

Croissant, Butter, Cream Cheese, Jam In A Jar, Honey

Simple Tasty £6.25

Ham, Boiled or Poached Egg, Cheddar Cheese, Goat Cheese, Cherry Tomato, Cucumber, Butter, Small Bonne Maman Jam, Honey

Le Parc Special £7.25

Beef Sausage, Ham, Choice Of Egg, Mushrooms, Baked Beans, Cheddar, Fresh Mozzarella, Semi Dried Tomatoes, Cherry Tomato, Cucumber, Olives, Hash Brown

Le Parc Vegi £6.95

Vegetable Sausage, Choice Of Egg, Mushrooms, Baked Beans, Cheddar, Goat Cheese, Fresh Mozzarella, Semi Dried Tomatoes, Cherry Tomato, Cucumber, Olives, Oat Brown

Vegan £5.45

Falafel, Baked Beans, Mushrooms & Spinach, Roasted Red Pepper, Baby Potatoes With Dill, Semi Dry Tomatoes, Olives

Egg Florentine £5.25

Poached Egg Served On Muffin Covered With Hollandaise Sauce And Sauteed Baby Spinach With Spring Onions

Add Smoked Salmon, Prawns Or Choice Of Ham @ £1.40

Le Parc Sandwiches - Served Till 6pm

Our Sandwiches Are Freshly Made & Served With Side Salad

Veggie Sandwiches £4.15

Simply Egg

Free Range Eggs, Mayonnaise, Mustard, Cress

Spinach & Goat Cheese - Served Hot Or Cold

Goat Cheese, Spinach, Grilled Red Pepper, Onion Chutney

Brie Beetroot

Brie, Beetroot With Mayonnaise And Mustard Dressing, Pickled Cornichon Slices

Sweet Basil (Served Hot Or Cold)

Mozzarella, Pesto, Tomato, Olive Oil

Grilled Vegetables (Served Hot Or Cold)

Courgettes, Aubergine, Roasted Red Pepper, Semi Dry Tomatoes, Balsamic Vinegar, A Touch Of Garlic

Meat Or Fish Sandwiches £4.65

Le Parc Sandwich - Served Hot Or Cold

Ham, Pesto, Mozzarella Shaves, Spring Onion, Semi Dry Tom, Lettuce

Ham Fiesta

Mixed Ham, Cheddar, Lettuce, Tomatoes, Balsamic, Rocket

Pastrami Delight Served Hot or Cold

Pastrami, Mustard, Mozzarella Shaves, Caramelised Onions, Pickled Gerkins, Rocket

Chicken Delight - Served Hot or Cold

Roast Chicken, Pesto, Mozzarella, Red Onion, Semi Dry Tomato, Lettuce

Tuna Melt - Served Hot

Tuna Chunks, Red Onion, Sweet Corn, Mozzarella Shaves, Dry Oregano

Smoked Salmon

Smoked Salmon, Olive Oil, Lemon Squeeze, Cream Cheese, Balsamic

Le Parc Wraps £3.95

All Our Wraps Made Freshly Every Day

Creamy Greek Salad Wrap

With Lettuce, Roasted Red Pepper, Tomatoes, Red Onion, Feta Cheese And Tzatziki Sauce

Mushroom & Goat Cheese Wrap

Mushrooms With Goat Cheese & Roasted Red Pepper

Falafel Wrap

With Humus, Lettuce, Caramelised Onions

Hummus Wrap

With Avocado, Roasted Pepper, Semi Dry Tomatoes

Children's Menu

Mini Breakfast £4.15

Choice Of Egg, Small Sausage (Veg Or Beef), Baked Beans, Cheddar, String Cheese, Hash Brown, Baby Potatos With Dill

Mini Hot Dog £2.85

Beef Sausage Served In A Bun With Baked Beans

Rainbow Fusilli Pasta £3.85

With Mascarpone Sauce & Parmesan Cheese

Choice Of All Pastas £4.15

Served In A Smaller Plate

Premium Chicken Nuggets £4.15

Served With No Oil Oven Cooked Chunky Chips

Soup Of The Day £3.85

Served In A Smaller Plate

Le Parc Salad £6.95

All Our Salads Made Freshly Every Day

Mediterranean Salad

Tomatoes, Crispy Green Salad, Cucumber, Calamata Olives, Spring Onions, Feta Cheese

Avocado Salad

Avocado, Tomatoes, Fresh Mozzarella, Rocket, Parmisan Shaves

Potato Salad

Potato, Mixed Salad Leaves, Spring Onions, Sweet Pepper, Cherry Tomatoes, Parsley, Boiled Egg

Bean Salad

Canellini Beans, Flageolet Beans, Adzuki Beans, French Beans, Red Onions, Crispy Mixed Leaf, Boiled Egg Slices, Parsley

Tuna Salad

Crispy Green Salad, Tuna Chunks, Calamata Olives, Cherry Tomatoes, Red Pepper, Cucumber, Red Onion, Sweet Corn

Chicken Salad

Lettuce, Cherry Tomatoes, Roasted Chicken Breast, Red Onions, Sweet Red Pepper, Grapes

Student Menu

%10 Discount On Any Food Or Drinks @ School Breaks

Try Our Delicious Sandwiches, Bagels, Pasty, Soup, Pasta...

Hot Dog @ £3.50, Bagels @ £2.70, Sandwiches @ £3.70

Soup Of The Day £4.50

Variety of Delicious Soups Are Served On Different Days

With Bread & Butter. Please Ask The Staff At The Counter

Please Inform Our Staff When Ordering Food Of Any Dietary Needs or Allergies

Please Order & Pay At The Counter

Le Parc Platters

Served With Bread, Olives & Olive Oil

Salami Selection £7.50 To Share £13.95

Italian: Spianata Romana, Prosciutto Crudo, Milano, Parma,
Spanish: Chorizo, Lomo, Salchicon

Cheese Selection £7.50 To Share £13.95

Gorgonzola, Parmigiano, Comte, Manchego, Goat Cheese,
Old Dutch, Brie, Blue Cheese

Salami & Cheese £7.50 To Share £13.95

Mixed Salami And Cheese Selection

Meze Platter (V) £7.50 To Share £13.95

Tatziki, Humus, Falafel, Mixed Olives, Pickled Beetroot Mash,
Smokey Aubergine Mash With Yogurt, Tomato Salsa

Add A Glass Of House Red Wine(150ml) @ £2.45

Le Parc Starters

Beef Hot Dog £3.85

With Ketchup, Mustard, Cornichon & Onions

Tomato Bruschetta (V) £3.55

French Bread Slice Topped With Garlic, Tomatoes, Basil

Aubergine Delight (V) £5.25

Oven Cooked With Cheese, Tomato, Red Onion, Garlic

Beef Carpaccio £5.25

Beef Carpaccio, Cherry Tomato, Roasted Pine Kernels, Parmesan

Avocado & Shrimps £4.95

Avacado With Shrimps Cocktail & Diced Pickled Cornichon

Chicken Nuggets £5.25

Served With Oven Cooked Chunky Chips With No Oil

Arancini £4.95

Four Risotto Balls With Beef Mozzarella Or Mixed Vegetables
Served With Side Salad

Chunky Chips £2.95

Oven Cooked Delicious Healthy Chips With No Oil

Fresh Juices £2.50

Orange, Apple, Grapefruit Or Carrot Juice

Mix Juices & Smoothies £3.20

Morning Glory Spinach, Avacado, Strawberry, Mango

Lemon Fresh Lemon, Apple, Fresh Mint

Big Bang Strawberry, Mango, Apple

Chill Out Orange, Apple, Lemon

Deluxe Strawberry, Apple, Banana

Lemonata Lemon, Apple, Banana

Kiwi Mix Kiwi, Apple, Fresh Mint

Pina Ormango Pineapple, Orange, Mango

Berry Blast Spinach, Banana, Strawberry, Blueberry

Veggie Fresh Ginger, Celery, Apple, Pineapple

Your Choice You Choose What To Mix

Milk or Soya Milk Added Upon Request @ 0.40p

Soft Drinks - Served In £2.00

Still Water 500ml

Sparkling Water 500ml

St Pellegrino Orange / Lemon 330ml

Coke / Diet Coke / Coke Zero 330ml

Apple / Orange / Elder Flower Drink 330ml

Ginger Beer 330ml

Le Parc Pasta - Served After 12am

We Use Fresh Italian Pasta

Choices Of Pasta: Penne, Sphagetti Or Tagliatelle

1* Napoletana (V) £5.55

Tomato Sauce With Garlic And Onions

2* Mascarpone (V) £5.55

Tomato And Mascarpone Cheese Sauce

3* Mushrooms (V) £5.95

Mushrooms In Creamy Peppery Sauce, Parmesan, Truffle Sauce

4* Vegetable Mix (V) £6.95

Pieces Of Aubergine, Courgettes, Mushroom, Pepper, Semi Dry Tomatoes, Italian Herbs, Garlic

5* Chicken & Mushrooms £7.65

Shredded Chicken And Mushroom In Creamy Pesto Sauce

6* Salmon & Veg £7.95

Salmon, French Beans, Asparagus, Broccoli In Creamy Sauce

7* King Prawns £7.95

King Prawns, Baby Spinach, Pesto, Creamy Sauce With Mayo, Lime, Fresh Parsley

8* Italian Meat Balls £7.95

Aberdeen Angus Steak Mince Beef Balls In Tomato Sauce, Fresh Parsley & Parmesan

9* Ravioli With Ricotta And Spinach (V) £6.55

Served With Mushroom And Baby Spinach Sauce Dressing

10* Ravioli With Ham And Cheese £6.95

Served With Diced Ham And Tomato Sauce Dressing

11* Lasagna Vegetarian (V) £6.55

Aubergine, Courgettes, Onions, Red & Yellow Peppers, Carrots, Sun-dried Tomatoes

12*Lasagna Beef £6.95

Beef, With Tomato Sauce, Fresh Egg Pasta Sheets Topped With Béchamel Sauce

Hot Drinks

Tea

Breakfast, Earl Grey, Decaffeinated **Cup £1.90 Pot £2.25**

Green Tea, Peppermint, Camomile **£2.10 £2.45**

Lemongrass, Ginger, Vanilla Chai **£2.10 £2.45**

Fresh Mint Leaves Tea **£2.30 £2.60**

Chai Latte **£2.50 £2.80**

Coffee

We Use Double Shot In Our Regular Coffees.

Please Let Us Know If You Prefer One Shot

Espresso **Single £1.60 £1.90**

Americano **£2.00**

Macchiato **Single £1.70 £2.00**

Cafe Latte **£2.40**

Cappuccino **£2.40**

Flat White **£2.40**

Babyccino **£1.20**

Mocha **£2.60**

Hot Chocolate **£2.40**

Chilly Chocolate **£2.40**

Authentic Turkish Coffee **£2.00**

Coffee Syrup: Vanilla, Hazelnut, Caramel, Strawberry Add £0.50

Decaff Add £0.50

Extra Shot Add £0.60

Please Inform Our Staff When Ordering Of Any Dietary Needs or Allergies